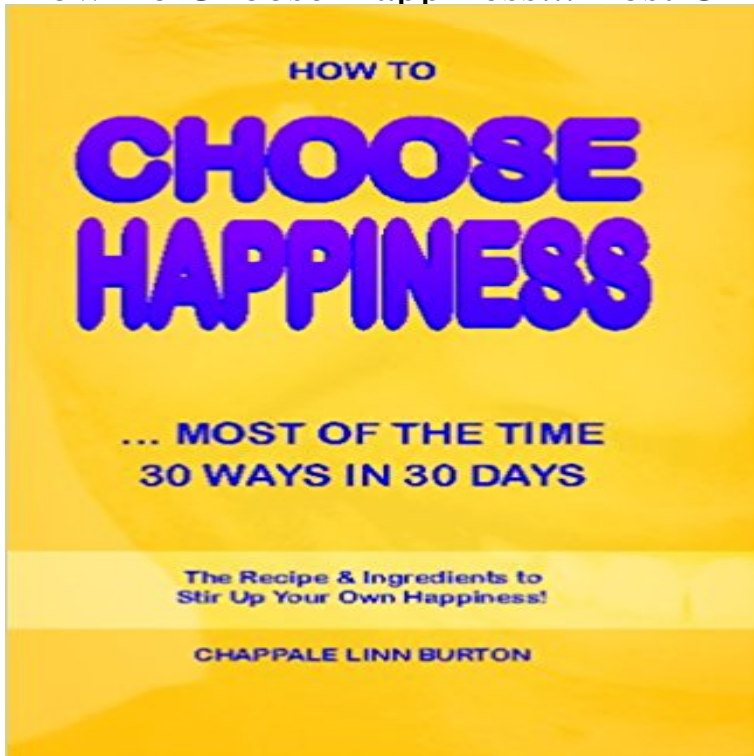


# How To Choose Happiness...Most Of The Time: 30 Ways In 30 Days



Do you really want to be happy? Chappale Linn Burton guides you through many techniques that will help you lead a happy, enjoyable and successful life. He walks you through several step by step practical methods to help you manage your emotional states. After an extremely tragic childhood, he has guided himself and many others along the path of happiness. Many have said he is the happiest and most enthusiastic person they know. Unleash your own happiness by tapping into some of his information, techniques and inspiring stories. In this book you will learn: 4 Steps to getting anything you want, 6 principles for attaining joy and fulfillment in your life, and 30 daily action steps that can lead you down the path of happiness - Starting right away! Wow! This fast moving inspirational book shows you how to be happy and joyous under any conditions. - Brian Tracy (A Percentage of Your Purchase Will Be Donated to the Boys & Girls Clubs of America)

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