

Id Rather Laugh: How to Be Happy Even When Life Has Other Plans for You



Shes a summa cum laude graduate of the School of Hard Knocks, a lecturer at Canyon Ranch (yeah, that fancy spa), and a woman who reaches out to help others by sharing her own incredible story. Shes also, believe it or not, the mother-in-law of comedian Mike Myers - and the inspiration for some of his craziest sketches. The thing that will impress you the most, though, is Lindas string of almost unbelievable losses and setbacks - and the equally unbelievable way shes dealt with them. How did Linda persevere? She will tell you about the cleaning binges, the loneliness, the relentless spiritual questing, and the all-night sessions with the saddest movies she could find. And then shell tell you about the healing - how the process slowly revealed itself and how she has used it to heal others. In this audiobook, Linda offers the type of blunt, no-nonsense advice you probably havent heard since that bold, brass, always reliable best friend of your youth gave you a breath-of-fresh-air reality check. The truth is, when it comes to facing the worst that life can dish out, you dont need to reinvent the wheel. Linda Richman has been there before you.

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